Meridian South Stake Trek **Ma and Pa Packing List**

NOTE – In addition to this list, you will also need to bring the same supplies identified for the youth in a bucket. Remember, your family will be pulling in the handcart all the supplies you bring (with the exception of the sleeping bags,) plus everyone's buckets.

Equipment

3 Four-man tents
4 Tarps (3 for under tents, and 1 to cover handcart at night)
1 Five-Gallon insulated water cooler
1 small box or bag of basic tools(screwdrivers, wrenches, small hammer, etc.) for
handcart repairs.
1 Small Camp Shovel
2 Large spay bottles (for cooling)
1 Whistle
1 Consecrated oil
1 Simple First-Aid Kit for blisters, cuts, scrapes, bites (moleskin suggested)
1 Roll of Duct Tape
2 Flashlights / Battery Lanterns (Extra Batteries)
Bungie Cords / Spider Tie-downs / Rope
1 Large bottle of Hand Sanitizer
3 - 4 Large Contractor Sized Trash Bags
Insect Repellent
Sunblock
4 – 6 Rolls of Toilet Paper
2 – 3 Pairs Leather Gloves
Extra water bottles for youth in your family who may forget theirs
1 Sharpie